

Rate Sheet 2021

The Phoenix Spirit is a bi-monthly publication for people actively working on their physical, mental, emotional and spiritual well-being. We are committed to providing information about recovery, renewal and personal growth to help people experience life in a balanced and meaningful way.

The Phoenix Spirit has been publishing for 40 years and is distributed free at convenient locations throughout the Twin Cities. We also offer subscriptions at \$15 for one year and \$28 for two years. Our website has the latest articles and information located at www.thephoenixspirit.com. Call for digital advertising rates.

CONTACT DAVID FOR RATES

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